



*Breakfast Selections Available from 7:00 A.M. to 3:00 P.M*

### **Light Fare**

#### **Oatmeal**

Fresh Blueberries and Toasted Pecans

#### **Cereal**

Cheerios, Corn Flakes, Raisin Bran, Special K, Froot Loops, Mini Wheats

#### **Bircher Muesli Parfait**

Mixed Grains, Nuts and Fresh Berries Layered with Yogurt

#### **Seasonal Fresh Fruit**

Mixed Berries, Banana Bread and Strawberry Yogurt

#### **Smoked Salmon**

Sweet Tomato and Red Onion Salad, Cream Cheese, Capers and Toasted Bagel

#### **Continental**

Freshly Baked Croissant and Muffin, Fruit Cup and Honey Yogurt, Includes Coffee and Orange Juice

### **Children's Breakfast**

#### **Mini Sprudel**

One Egg, Two Strips of Bacon and One Slice of Toast

#### **Cereal**

Cheerios, Raisin Bran, Special K, Froot Loops

#### **Chocolate Chip Pancake**

#### **Waffle**

#### **Cinnamon Roll**

#### **Fruit Plate and Yogurt**

### **Beverage selections**

#### **Selection of Juices**

Orange, Cranberry, Tomato, V-8, Grapefruit, Apple

#### **Smoothies**

Strawberry-Banana, Banana-Pineapple, Apple-Blueberry

#### **Freshly Brewed Starbucks Coffee**

#### **Espresso**

#### **Selection of Hot Tazo Teas**

#### **Café latte**

#### **Cappuccino**

#### **Ice Cold Milk, Chocolate Milk**

#### **Soft Drinks**



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## **Main Entrées**

### **Quiche Lorraine**

Savory Custard Filling with Bacon and Onions, Swiss Cheese Served with Steamed Asparagus

### **Classic Eggs Benedict**

English Muffin, Canadian Bacon, Poached Eggs and Hollandaise Sauce

### **Rolled Omelet**

Choice of Ham, Onion, Bell Peppers, Mushrooms, Tomatoes, Bacon, Cheddar, Swiss Cheese and Choice of Fresh Bread

### **Egg White Omelet**

Egg Whites, Asparagus and Fresh Dill, Choice of Fresh Bread

### **Sprudel's Choice**

Choice of two Eggs and Apple Wood Smoked Bacon or Sausage Links, Choice of Fresh Bread

### **Steak and Eggs**

Grilled Top Sirloin, Two Eggs and Choice of Fresh Bread

## ***Egg Selections Served with Creamy Grits or Breakfast Potato Casserole***

### **Trio of Pancakes**

Blueberry, Banana and Chocolate Chip with Maple Syrup

### **Belgian Waffle**

Fresh Berries, Whipped Cream, Powdered Sugar and Maple Syrup

### **Stuffed French Toast**

Sweet Brioche Stuffed with Cream Cheese and Apricot Marmalade with Powdered Sugar and Maple Syrup

## **Sides**

**Apple Wood Smoked Bacon**

**Sausage Links**

**Fresh Fruit Cup**

**Creamy Grits, Breakfast Potato Casserole**

**Croissant, Bagel, White Toast, Wheat Toast or Rye Toast**

**Fruit Danish or Breakfast Pastry**

**Ruby Red Grapefruit Half**

**One Egg Cooked your Way**



*Lunch Selections Available from 11:00 A.M. to 3:00 P.M*

## **Appetizers**

**Tomato Basil Bisque**  
With Parmesan Crusted Crouton

**French Onion Soup**  
Topped with Toasted Baguette and Melted Gruyere

**Shrimp Cocktail**  
Jumbo Shrimp, Horseradish Cocktail Sauce and Fresh Lemon

**Lump Crab Cake**  
Black Bean and Corn Relish and Chipotle Remoulade

**Spinach Artichoke Dip**  
Creamy Blend of Spinach and Artichokes with Toasted Baguettes

## **Salads**

**Café Salad**  
Mixed Greens with Olives, Cherry Tomatoes and Shaved Red Onions

**Caesar Salad**  
Chopped Heart of Romaine Tossed with Rustic Croutons and Classic Caesar  
Dressing Served in a Crisp Parmesan Basket  
**With Grilled Chicken Breast or with Grilled Salmon Pillard**

**Greek Steak Salad**  
With Broiled Top Sirloin, Grilled Feta Cheese Pita Pocket, Mixed Greens,  
Shaved Red Onions and Cucumbers Tossed in Tzatziki Dressing

**Grilled Chicken Cobb**  
Smoked Bacon, Diced Tomatoes, Avocado, Hardboiled Egg, Crumbled  
Bleu Cheese, Cheddar and Buttermilk Ranch Dressing

**Chicken Salad Plate**  
Toasted Pecan and Red Grape Chicken Salad with Hardboiled Egg, Fresh Fruit  
Cornichons and Zucchini Bread Layered with Cream Cheese

## **Children's Lunch**

**Grilled Cheese Sandwich**

**Cheese Burger**

**Chicken Tenders**

**Mini Corn Dogs**

**Macaroni and Cheese**

*All Served with Your Choice of Signature Fries, Fruit Cup, or Applesauce*



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## **Fire Brick Oven Pizzas**

### **Rustic Cheese**

Marinara, Extra Virgin Olive Oil, Fresh Mozzarella and Parmesan Cheese

### **Classic Pepperoni**

Marinara, Sliced Pepperoni, Fresh Mozzarella and Parmesan Cheese

### **Rustic Cheese and Sweet Italian Sausage**

Sliced Italian Sausage and Sweet Basil, Fresh Mozzarella

### **Buffalo Chicken**

Spicy Buffalo Sauce, Blue Cheese, Grilled Chicken

### **Creamy Pesto with Artichokes**

Sweet Basil, Roasted Red Peppers, Parmesan Cheese

And Marinated Artichokes

**With Roasted Chicken**

*Each of Our 12 " Pizzas are Made to Order and May Take up to 25 Minutes to Prepare*

## **Sandwiches**

### **Turkey Reuben**

Sliced Turkey, Swiss Cheese, Sour Kraut, Russian Dressing on Grilled Marble Rye

### **Ballard's Burger**

8oz Fresh Ground C.A.B. Patty on Toasted Kaiser Roll with American, Cheddar, Swiss or Bleu Cheese

### **Grilled Salmon. . \$15.00 or Chicken Salad Croissant**

With Mixed Greens Tossed in Balsamic Dressing

### **Slow Roasted Pork**

Shaved with Arugula, Tomato, Melted Brie and Cranberry Aioli on Sour Dough

### **Traditional Club**

Oven Roasted Turkey, Ham, Swiss Cheese, Smoked Bacon, Tomato, Mayonnaise on Toasted Wheat Berry Bread

### **Chicken Avocado Club. . \$13.00**

Grilled Chicken Breast, Swiss Cheese, Smoked Bacon, Lettuce, Tomato, Avocado and Basil Aioli on Grilled Herb Focaccia Bread

*All Served with Your Choice of Signature Fries, Fresh Potato Chips, Cole Slaw or Fruit*

## **Entrées**

### **Soup and Half Sandwich**

Choice of Soup and Half of Turkey Club or Chicken Salad Croissant with Mixed Greens

### **Chicken Picatta**

Thinly Pounded Chicken with Capellini and Lemon Caper Butter

### **Steak and Fries**

Blue Cheese Gratin Top Sirloin with Signature Fries, Tobacco Onions and Petite Salad

### **Pasta Primavera**

Seasonal Vegetables Served with Fettuccini in a Light Cream Sauce