



Light Fare

House-Made Granola ... 10 GF

Filled with Seeds, Coconut, Dried Orchard Fruit and served with Your Choice of Milk

Steel Cut Oatmeal ... 12 GF

With Fresh Blueberries, Strawberries, Toasted Pecans, Coconut and Clover Honey

Bircher Muesli Parfait ... 13 GF

Mixed Grains, Nuts and Fresh Berries layered with Your Choice of Plain or Strawberry Yogurt

Continental ... 14

Choice of Warm Fresh-Baked Breakfast Pastry with Fresh Diced Fruit and Berries and Choice of Plain or Strawberry Chobani Yogurt

Smoked Salmon Bagel ... 17

Sweet Tomato and Red Onion Salad, Cream Cheese, Fresh Dill, Soft Boiled Egg and Capers on a Toasted Every Seed Bagel

À La Carte

Sliced Avocado Half ... 3 GF

Whole Banana ... 3 GF

Plain or Strawberry Yogurt ... 4 GF

Breakfast Potato Casserole ... 4 GF

White, Wheat or Rye Toast ... 4

English Muffin ... 4

Applewood Smoked Bacon ... 5 GF

Sausage Patties ... 5 GF

Fresh Fruit Cup ... 5 GF

Croissant, Bagel, Muffin, Cinnamon Roll or Danish ... 5

Two Eggs Cooked Your Way ... 6 GF

Sinclair's Signatures

Country Biscuits and Gravy ... Half 8 Full 14

Buttermilk Biscuit with Sausage Patty and Gravy

Belgian Waffle ... 15

With Fresh Berries, Whipped Cream, Powdered Sugar and Pure Maple Syrup

Buttermilk Pancakes ... 15

A Stack of Fluffy Pancakes with Candied Walnuts, Fresh Sliced Banana, Fresh Whipped Cream and Pure Maple Syrup

Classic Eggs Benedict ... 17

Grilled English Muffin, Canadian Bacon, Soft Poached Eggs and Hollandaise Sauce

Morning Favorites

Served with Breakfast Potato Casserole or Fresh Fruit Cup.

Sprudel's Choice ... 15

Choice of Two Eggs and Applewood Smoked Bacon or Sausage Patties, plus Choice of Toast

Breakfast Burrito ... 15

Fluffy Scrambled Eggs, Chorizo, Tomatoes, Onions, Bell Peppers and Cheddar Cheese wrapped in a Black Bean Tortilla with Salsa and Sour Cream

Breakfast Sandwich ... 15

Buttermilk Biscuit, Fried Egg, Cheddar Cheese and Choice of Bacon or Sausage Patty

Rolled Omelet ... 16

Choice of Ham, Bacon, Onion, Bell Peppers, Spinach, Mushrooms, Tomatoes, Cheddar Cheese and Swiss Cheese, plus Choice of Toast

Steak and Eggs ... 28

Grilled Club Cut New York Strip, Two Eggs and Choice of Toast

Children's Menu

For children 12 years or younger

Cereal ... 6

Froot Loops, Cheerios, Special K Red Berries and Cocoa Krispies

Chocolate Chip Pancake ... 6

Waffle ... 6

Mini Sprudel ... 8

One Egg, Two Strips of Bacon and One Slice of Toast

Beverage Selection

Soft Drinks ... 4

Ice Cold Milk or Chocolate Milk ... 4

Selection of Tea Forte Hot Teas ... 5

Freshly Brewed Starbucks® Coffee or Espresso ... 6

Selection of Juices ... 6

Freshly Squeezed Orange, Cranberry, Tomato, V8, Grapefruit or Apple

Caffè Latte or Cappuccino ... 6



GF - All items marked are prepared as gluten free.

Split plate fee - \$5

Nuts, shellfish, gluten products, dairy and eggs are used in this kitchen. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your chance of foodborne illness.